For Immediate Release

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Shannon Miller Discusses Finding Balance at PRPS 66th Annual Conference

Keynote speaker supported by Landscape Structures' annual scholarship program

Delano, Minn. (March 21, 2013) — Landscape Structures Inc., a Delano, Minn.-based commercial

playground equipment manufacturer, along with its Pennsylvania playground consultant, General

Recreation, Inc., is scheduled to exhibit at the Pennsylvania Recreation and Park Society 66<sup>th</sup> Annual

State Conference March 24-26, in Hershey. The conference will feature Shannon Miller, seven-time

Olympic medalist and advocate for healthy living, as the keynote speaker. This learning experience was

made possible through the 2012-2013 State Association Speaker Scholarship program from Landscape

Structures.

Shannon is passionate about helping people of all ages to achieve healthy, active lifestyles through fitness and nutrition. As a recent cancer survivor, and daughter of a cancer survivor, Shannon is especially passionate about the importance of making health a priority. She serves as president and founder of the Shannon Miller Foundation, which helps fight childhood obesity through education and awareness of the health risks associated with the disease. The Foundation offers children the opportunity to be physically active (play), and gain greater nutritional knowledge. Through her personal stories of trial and triumph, Shannon will share with her audience the idea of "balance" in all life's efforts.

The 75-minute session will be presented at 4:45 p.m. on Sunday, March 24. Following the keynote address, delegates will have the opportunity to visit General Recreation and Landscape Structures in the exhibit hall to learn about the latest trends in playground design including custom and theme designs, playground and water play safety surfacing and creating truly inclusive play environments.

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## **About Landscape Structures Inc.**

Since 1971, Landscape Structures Inc. has been the leading commercial playground equipment manufacturer in the world. The employee-owned company is committed to making the world a better place with active children thriving in leading communities year after year, generation after generation. Landscape Structures encourages outdoor play that develops healthy kids and a sustainable world by creating innovative products that are environmentally responsible. The company's mission from day one has been to enhance children's lives by fostering and creating inspiring play experiences while honoring the environment.

## **About General Recreation, Inc.**

General Recreation, Inc. is a full line supplier for all your recreational equipment needs. The company has put its expertise and experience to work on behalf of schools, park and recreation areas, and childcare facilities throughout Pennsylvania, New Jersey, Delaware and South Carolina, and helped in the development of thousands of recreation projects. The recreational environment continues to change and grow. As industry leaders, General Recreation has helped guide its advancement, working closely with architects, landscape architects, engineers, recreation directors and boards, parent/teacher groups, community volunteer groups, childcare facilities, and owners of municipal, institutional and industrial facilities.